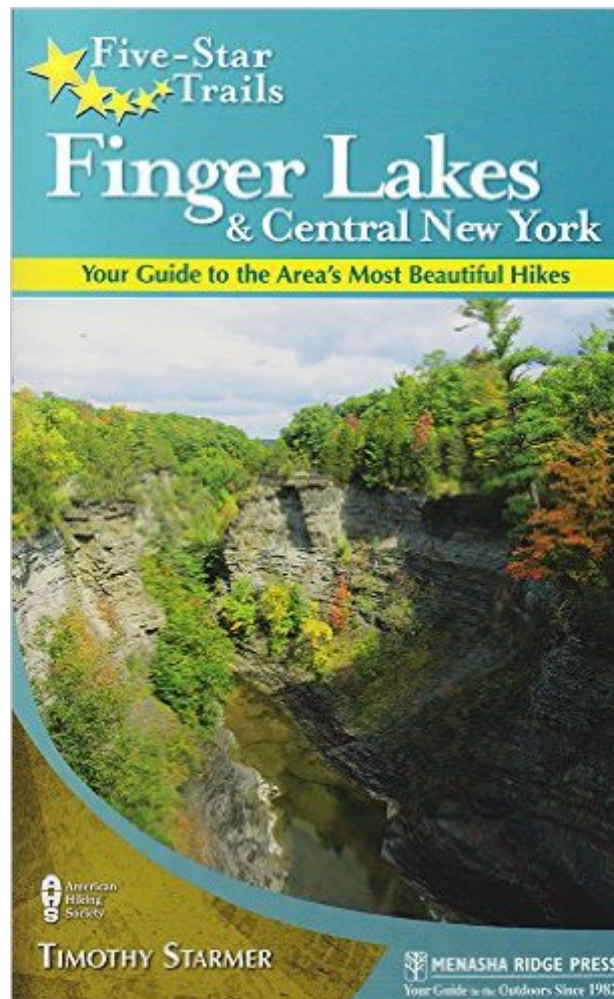


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Five-Star Trails: Finger Lakes And Central New York: Your Guide To The Area's Most Beautiful Hikes



Synopsis

The Finger Lakes and Central New York are not known for rugged mountains and their panoramic vistas which are so commonly sought in the Adirondacks to the north. They hardly could be - the area was scoured clean by glaciers millennia ago. But don't let that fool you, the region is full of natural wonders of its own. Instead of mountains and ridges, the region is known for rolling drumlins, an abundance of scenic gorges, quiet woodlands, beautiful waterfalls and picturesque lakes. Trails included in Five-Star Trails: Finger Lakes and Central New York by Tim Starmer feature a broad mixture of these landscapes and were carefully selected to give the most varied but also rewarding experience when picking a trail. Each trail has been thoroughly researched, recently hiked and includes a detailed description, trail profiles and map. At a glance ratings in important categories such as Scenery, Trail Condition, Difficulty, Solitude and appropriateness for children let you quickly select a trail that fits your tastes and ability. Other useful information such as fees, restrictions for dogs on the trail as well as advice on when to visit offers you the best information so you can plan your trip with ease.

Book Information

Series: Five-Star Trails

Paperback: 240 pages

Publisher: Menasha Ridge Press (October 21, 2014)

Language: English

ISBN-10: 0897329961

ISBN-13: 978-0897329965

Product Dimensions: 4.9 x 0.7 x 7.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #73,018 in Books (See Top 100 in Books) [#26 in Books > Health, Fitness & Dieting > Exercise & Fitness > Walking](#) [#34 in Books > Travel > United States > New York > General](#) [#57 in Books > Travel > United States > Northeast > Mid Atlantic](#)

Customer Reviews

The first thing I have to note about this book is that the author lives what he writes, and this is an extremely important fact concerning this particular reference genre. Timothy Starmer has personally hiked these trails and gives firsthand accounts of his varied experiences. This results in extremely detailed breakdowns of what you yourself can expect from these hikes, be it with regard to terrain,

location, difficulty, accessibility, important landmarks, on-site facilities, surrounding scenery; heck, he even goes into a bit of history, elucidating on the effects the last glacial period of the ice age had on certain areas. Put another way, the writing is so informative and precise that if you opted to read it as literature, without the intent of hiking, you'd come away so thoroughly informed you'd feel as though you'd hiked each and every trail. I cannot recommend this book highly enough. It is a must-read for beginner hikers and experts alike. Grayscale photos and trail maps are present, as well as GPS coordinates and URL links to colorful online PDF maps from the New York State Parks Office.

If you plan on hiking the Finger Lakes, you will want this book. There isn't a lot of information available elsewhere--even if you go to the parks themselves. Go to the Finger Lakes! The area is incredibly beautiful.

I haven't had a chance to go through the whole book, but what I see, I like very much! I am looking forward to planning some trips to some of these hiking spots this year - and taking my chocolate lab with me on some of them!

My husband loved the book for Christmas!

New York State is remarkably filled with places one wants...NEEDS... to see. I would also like to get back and read this book the way out again.

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